

The Magic of IHVH-ADNI

By Rawan Clark

Audio Lessons One through Nine Complete

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The Magic of IHVH-ADNI

LESSON ONE: Pronunciation, Tonality and Rhythm

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Hello. This is Rawn Clark. You are listening to Lesson One in the Magic of IHVH-ADNI.

I learned the Magic of IHVH-ADNI several years ago. I find it to be a very potent discipline, one that has greatly forwarded my own evolution. And so, I make it my gift to you in hope that it will forward *your* personal evolution as well.

One problem with the printed version is that many readers are in the dark as to the proper pronunciation. But with this recording, that problem is now overcome.

Since the question of how to pronounce the canticle properly is the most frequent question, that is where I will begin.

Ani, IHVH-ADNI, Ribonno Shel Olam, Amen.

That is the proper pronunciation, tonality and rhythm.

Let's break it down into the five component breaths.

The first breath is **Ani**. This Hebrew word, spelled Aleph-Nun-Yod, means "I am".

The speaking begins with your lowest natural note and rises smoothly to end with your highest natural note. **Ani**. You should hold the final "Yod" until your breath is fully spent.

The second breath is **IHVH**. This is the so-called, unspeakable Name of G-d in the Jewish Tradition. Thus we speak it as four separate letters, subsumed by a single breath. Each letter should take up about one quarter of your exhale and each is spoken at your highest natural note. In other words, the same note you ended your first breath with. Thus: **Ani, IHVH**.

The third breath is **ADNI**. This Hebrew word, spelled Aleph-Daleth-Nun-Yod, translates into English as "Lord". and is the spoken substitute for the unspeakable Name, IHVH. However, in Kabbala, ADNI is a specific title and is not just a substitute for IHVH. Often, it modifies the IHVH and we arrive at IHVH-ADNI, or even see the two combined into IAHDVNHI.

ADNI is given the same tonality as the Ani. **Ani. ADNI**. Both begin at your lowest natural tone and rise to your highest. ADNI however, has three syllables instead of Ani's

two, so the "don" of ADNI is spoken very briefly and the Yod is extended. The Aleph is what rises upward along the scale and both the "don" and the Yod are spoken at the highest note. Thus: **ADNI**.

The fourth breath is the phrase **Ribonno Shel Olam**. This Hebrew phrase translates into English as "Master Unto the Ages" or alternately, "Master of the Universe". The "universe" in this case is the entire temporal realm, so I prefer "unto the ages" over "of the universe".

The first word of this phrase, "Ribonno", means master, but not in the slave-driver sense. You will not that it shares the same Hebrew root as the word "Rabbi" and this is the sort of mastery implied here. "Ribonno" is said at your highest note, which is where you left off in the third breath at the end of **ADNI. Ribonno**. Speaking "Ribonno" should expend one quarter of your fourth breath.

The second word in this phrase is **Shel**. It also expends one quarter of your breath. "Shel" means "unto" or "of the" and is spoken at your lowest natural tone. Thus: **ADNI, Ribonno Shel**.

The third and final word in this phrase is **Olam**. It consumes the final half of your fourth breath and is spoken at a middle-range tone. It is the only word in the entire canticle spoken at this tone. Thus: **Ribonno Shel Olam**.

The fifth and final spoken breath is the word **Amen**. This is a common ending for prayer in the Judeo-Christian traditions. Its meaning and the philosophy behind it however, are very complex. Its simplest translation into English is "Truth", but it also means "Faith". It's composed of the letters Aleph-Mem-Nun and has two syllables. Therefore, it is spoken exactly the same as the opening **Ani**, with each syllable receiving equal breath. Thus: **Amen**.

So, let's put it all back together:

Ani -- inhale -- **IHVH** -- inhale -- **ADNI** -- inhale -- **Ribonno Shel Olam** -- inhale -- **Amen**.

Let's try it together. Speak with me:

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

And again:

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

And one final time:

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Very well!

This ends Lesson One. I suggest that you practice pronouncing until it comes easily -- until you achieve the proper pronunciation, tone and rhythm *automatically*. Only then should you move on to Lesson Two and begin learning the three-part magical speaking of the canticle.

This has been Rawn Clark. My best to you!

The Magic of IHVH-ADNI

LESSON TWO: Three-Part Magical Speech

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Hello. This is Rawn Clark. You are listening to Lesson Two in the Magic of IHVH-ADNI.

Lesson One concerned the proper pronunciation, tonality and rhythm. Now we will focus upon how to *speak* the canticle. This is a different matter than how to *pronounce* it.

The Magic of IHVH-ADNI employs a form of magical utterance. There are three levels to this manner of speaking. First is mental speech, second is astral speech and third is physical speech.

Mental speech is inaudible or silent. Here you "speak" it only with your mind -- no breath and no vocalization. When you speak the canticle mentally, you must also hold the canticle's meaning in your mind. This is not just about hearing the words in your mind, it's also meant to be a matter of simultaneously *thinking* its meaning. In other words, it's important that you bring your understanding of the canticle's words into your mental utterance.

Let's try this now. As I speak the canticle aloud, you should do so only in your mind, but make what's in your mind sound mentally like my utterance.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

And again:

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

And a final time:

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Very well.

The second form of magical speech is the astral. Astral speech involves combining the silent mental speech with breath. In fact, it's *astra-mental* speech, not mere whispering as some maintain. With the astra-mental speech there is to be absolutely no vibration of the vocal chords.

Here is what it sounds like with breath and mind alone:

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen. [Whisper]

Now try saying astra-mentally along with me:

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen. [Whisper]

Let's do that one more time, but this time be sure you're saying it *mentally* as well as with your breath:

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen. [Whisper]

Now, let me add a new factor into the mix with the astra-mental speech. "Breath", in Kabbala, has a special meaning beyond just atmosphere that you inhale and exhale. Its deeper meaning is "the breath of life", the "Ruach". In magical speech, "breath" refers to emotion -- the astral substance that binds mind and physical matter together. So, when using your breath for magical speech, you are combining your emotional sense of the canticle with your mental understanding of it. You are combining your inner passion with your rational understanding and expressing them in unison.

So, let's try it one more time in astra-mental mode, this time focusing on your mental understanding of the canticle, adding in your emotional passion and expressing both with your physical breath.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen. [Whisper]

This brings us to the third form of magical speech, the physical. Here is where the canticle is made *physically* manifest through simultaneous vibration of the vocal chords. But here again, it's not just a matter of mundane speech. This is physical-astra-mental speech -- the combining of mental understanding, emotional passion and physical vibration. All three must occur simultaneously. Your understanding and your emotional passion must manifest and be audible as your breath passes over your vocal chords and sets them vibrating.

The theory here is that all things vibrate and when one vibrating thing intersects another vibrating thing, they each change their vibration accordingly. When you say the canticle with the physical-astra-mental speech, you are projecting the specific astra-mental vibration of the canticle outward (or inward) and physically impregnating the universe with it. This is what causes the universe to change in response to your speech.

To be truly effective, you must totally commit yourself to speaking the canticle. Put every bit of yourself into it. Let it flow through you of its own accord. In other words, don't be shy.

So, let's try the physical-astra-mental speech, but let's build up to it.

We will begin with the silent mental speech. I will speak the canticle aloud but you should speak it only with your mind and understanding along with me.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Now let's add the factor of emotional passion and express it astra-mentally.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen. [Whisper]

And now, let's give our vocal chords a good flexing and say it with our whole being, including every cell of our physical bodies.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

And again.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

And again.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Very well!

This ends Lesson Two. I suggest that you practice these three modes of magical speech until they become second nature. Only then should you move on to Lesson Three and begin learning the energetics that accompany the canticle.

This has been Rawn Clark. My best to you!

The Magic of IHVH-ADNI

LESSON THREE: Energetics

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Hello. This is Rawn Clark. You are listening to Lesson Three in the Magic of IHVH-ADNI.

Lesson One concerned the proper pronunciation, tonality and rhythm of the canticle; Lesson Two, the three modes of magical speech; and now, with Lesson Three, we will focus upon the energetic work that empowers the canticle and makes it truly magical.

This involves integrating your creative imagination with the spoken canticle. Thus creating a magical ritual very similar to the "Middle Pillar" exercise and the "Rose Cross", popularized by the Golden Dawn.

Again, for ease of explanation, I will be dividing the canticle into five parts corresponding to the five speaking breaths.

The first step occurs simultaneous to the speaking of **Ani**. Here your consciousness must rise up, along with your vocalization. Let the "Ani" resonate at your crown and visualize there a sublimely radiant sphere of white brilliance. Let this be your Kether, your crown, your highest ideal of Self and of Divinity. Make it a thing of intense, undeniable power.

Let's try it now. As we speak the "Ani", create your Kethric sphere just above the top of your head and let it shine there for a moment or two.

Ani.

Now hold your Kethric sphere exactly where it is with your mental will. Stabilize it. Feel it. Let it be your own personal doorway to the Kethric Light. Now speak the "Ani" again and make it grow still stronger.

Ani.

Very well. Now let it dissipate completely.

The second step, composed of four sub-steps, occurs simultaneous to the speaking of the "IHVH". While it *is* four energetic steps, it's really *one* operation, and must be accomplished smoothly and in one motion. However, to explain it, we must go one semi-step at a time and then tie them all together.

With the "Yod" you are to pull a beam of Kethric Light down, out of your "Ani" sphere, and create a luminous gray sphere at your left temple. This is your Chokmah, your innate Wisdom.

With the first "Heh", you pull Light from your luminous gray sphere, over to your right temple and form there an obsidian black sphere. This is your Binah, your deepest Understanding.

With the "Vav", you pull Light from your obsidian black sphere, down to your solar plexus and form there a radiant sphere of golden yellow. This is your Tiphareth, your own radiant Beauty.

With the final "Heh", you complete this phase by pulling down Light from your golden yellow sphere and forming an opaque sphere of olive green just below the arches of your feet. This is your Malkuth, your own sphere of influence.

Throughout this drawing down, you must remain cognizant of the fact that this is Kethric Light and that the channels between Kether and each sphere are to remain open at all times. In other words, you are not pulling down just a single quanta of Light which you then deposit at your feet. Instead, you are opening up the channels to the Light and letting it rush through them continuously.

So, let's give this a few tries, slowly at first. We'll spend one breath for each letter.

First, establish your Kether with "Ani".

Ani.

Now, when we say the "Yod", bring a channel of Light down to your left temple and make it luminous gray.

Yod.

And when we say the first "Heh", bring the Light over to your right temple and make an obsidian black sphere.

Heh.

And with the "Vav", bring the Light down to the center of your chest and make it a radiant golden yellow sphere.

Vav.

Now finish with the final "Heh" and bring the Light all the way down so that you're standing on an opaque olive green sphere.

Heh.

Hold this visualization. Let the Kethric Light pour continuously into you.

Now, holding this visualization, let's repeat again and thus stabilize the structure. Don't worry about how fast you go just yet. Spend one entire breath on each letter.

Ani, I, H, V, H.

Once again.

Ani, I, H, V, H.

Very well. Now, still holding your visualization, let's go a bit faster. Spend one breath on the "Ani", firming up your Kether, and then do all four letters of IHVH within a single breath.

Ani, IHVH.

Once again.

Ani, IHVH.

Very well. Now let your visualization dissipate completely.

The third energetic step comes in three parts and occurs simultaneous with the speaking of **ADNI**.

The first part occurs during the speaking of the first syllable, "Aleph". With your inhale, raise your awareness to your Kether. With the exhale and speaking of the "Aleph", actively *push* the Light down, all the way to your Malkuth in a single lightning flash.

With the speaking of the second syllable, "don", the Kethric Light, having struck your Malkuth with some force, now erupts upward in a swirling cloud of Rainbow-hued Light.

And with the speaking of the final, extended "Yod", you are to increase the density and clockwise rotation of this cloud of Rainbow Light.

Now let's try this new step. First we will speak the "Ani, IHVH" in two breaths as before. Remember to bring the Kethric Light downward -- first to your left temple, then your right temple, your solar plexus and ending at your feet.

Ani, IHVH.

Now, holding your Light structure as it is, let's try adding in the "ADNI". Remember to rise to your Kether with the inhale, push the Light downward to your Malkuth with the "Aleph", and then let it erupt in a swirling Rainbow-hued cloud of Light.

ADNI.

Spend a silent moment now and stabilize the swirling cloud of Rainbow Light. Make certain that it is fed constantly by the descending Kethric Light.

Now, leaving your visualization in place, let's do the entire sequence again, overlaying it upon what we have already established.

Ani, IHVH, ADNI.

And again.

Ani, IHVH, ADNI.

Very well. Now let your visualization dissipate completely.

With the fourth step of the energetics, we will cast the accumulation of Rainbow Light outward. The idea here is that as you release it from your body and cast it into the universe, it will affect the materia of the universe and transform it to your will. Therefore, you must formulate in your mind what sort of change you wish to affect. For now, our intention will be a simple blessing of good will to all.

The fourth step is singular and occurs simultaneous to the speaking of the phrase, **Ribonno Shel Olam**. With the inhale of breath after the "ADNI", you are to gather up the entire body of Light, and then with the exhaled speech, you forcefully eject it outward. Let it veritable explode into the external universe. Carefully visualize the Rainbow Light spreading ever outwards until it reaches the very edge of the Infinite Universe.

Now let's try this fourth step. First we must re-establish our Light structure with the "Ani, IHVH, ADNI".

Ani, IHVH, ADNI.

Now hold this structure and stabilize it. Let's repeat two more times.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI.

Very well. Hold this structure.

Now as you inhale, gather up the Light and then release it with the "Ribonno Shel Olam".

[Inhale loudly]

Ribonno Shel Olam.

Let it go completely in one gigantic explosion. See it and feel it penetrating to the very edges of the Infinite Universe.

Very well. Now let's do the entire thing twice more.

Ani, IHVH, ADNI, Ribonno Shel Olam.
Ani, IHVH, ADNI, Ribonno Shel Olam.

Very well. Now let your visualization dissipate completely.

The final, fifth step occurs simultaneous to the speaking of **Amen**. This is a more passive step in that you merely observe and confirm the return of the Light you've just emitted.

During the inhale which follows the explosive release of the "Ribonno Shel Olam", you are to visualize that the Light, having indeed reached the edge of the Infinite Universe, now rebounds inward. Draw it back into yourself and when your inhale is complete, speak the word "Amen". As you speak "Amen", visualize the returned Light solidifying, calming and stabilizing. The "Amen" ends the operation by concretizing what you have emitted, embedding its influence within the entire materia of the universe.

Now, let's try the canticle from "Ani" through "Amen".

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

And again. Be very aware of what you are doing at an energetic level throughout.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

And now one final time. This time be aware of your energetics and also remember that you are speaking it magically, with the combined physical-astra-mental speech.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Very well!

This ends Lesson Three. I suggest that you practice the canticle, combining the three modes of magical speech with the energetics you've just learned, over and over again, until it also becomes second nature. Only then should you move on to Lesson Four and begin learning some of the applications of the Magic of IHVH-ADNI.

This has been Rawn Clark. My best to you!

The Magic of IHVH-ADNI

LESSON FOUR: Applications

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Hello. This is Rawn Clark. You are listening to Lesson Four in the Magic of IHVH-ADNI.

Having successfully pursued Lessons One, Two and Three, you should now be capable of performing the canticle with ease. You should be able to speak the canticle at the proper tonality and rhythm, using the three-fold magical speech while empowering it with your energetic visualizations. All of this should be an easy matter for you to accomplish by now.

Therefore, we will now focus upon the ways that you can use the Magic of IHVH-ADNI.

There are two points in the canticle where a pause is appropriate. The first point is between "ADNI" and "Ribonno Shel Olam". This is a crucial juncture in the structure of the canticle. It's the point between the accumulation of Light and the expulsion of Light.

When you speak the segment from "Ani" through "ADNI", you are accumulating a certain quantity of Light energy and you are holding it to yourself. This is a very dynamic energy which should be sensed as a physically energizing pressure.

To begin with, I suggest three repetitions of the first segment. Let's do this together to demonstrate. There will be a brief pause of one or two breaths between each repetition.

Ani, IHVH, ADNI.

Okay, now hold the energy and during this pause, stabilize the Light structure.

Now a second time. Layer the Light energy you accumulate over what is already present. Let this repetition double your accumulation.

Ani, IHVH, ADNI.

Take a moment to sense the increased energy and stabilize the Light structure.

Now a third time. Layer this over what is already present and let it triple the original accumulation.

Ani, IHVH, ADNI.

Very well. Now release this accumulated energy by performing the canticle all the way through to "Amen".

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

In future, as you say the "Ani, IHVH, ADNI" part of this final repetition, you should not actually accumulate a fourth charge of the Light energy. Instead, merely set what has already been accumulated, into motion. Stir it up and dynamize it, and get it prepared for your expulsion.

Now let's go through the entire process of triple accumulation and expulsion straight through. Remember, we start with three repetitions of the segment "Ani" through "ADNI" for our accumulation, and then close with a single repetition of the entire canticle for our expulsion.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Let's do that once more.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Very well. At the end of such an accumulation, you should be certain that you have rid yourself of the entire accumulation of Light energy. You will of course, still feel energized by the experience, but you must not feel overly so. If you feel that you have not completely expelled your accumulation, then simply visualize any excess flowing out through your feet and into the receptive earth.

Now, the next phase of our work involves impregnating this accumulated Light energy with our intention, desire or will. We must give it a specific purpose. Our purpose will be to create a blessing of well-being for everything that our energy encounters on its journey to the edges of the infinite universe.

This operation occurs during the pause between "ADNI" and "Ribonno Shel Olam". Once we have accumulated our triple charge of Light energy, we will spend a few "empty" breaths where all we do is focus our intention and impress it upon the accumulated energy.

Let's begin our triple accumulation.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI.

Now, focus upon our intention of blessing and make the accumulated charge of energy conform to it with your mind. With your mind and with your emotional passion, cause the Light energy to assume the correct vibratory rate for manifesting a sense of well-being in all that it encounters. Just let yourself do this, don't try to figure out how to do it, or what "well-being" looks like, or anything of the sort. Just do it. Let it flow of its own accord. Your subconscious instinct knows what to do without even thinking about it.

Very well. Now let's repeat the canticle all the way through and send our blessing energy outward to the edges of the infinite universe.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Wonderful!

Let's add one final ingredient and then we will practice the entire triple accumulation, impregnation of blessing and then expulsion, three times through.

This last factor is what I call "shepherding". By this I mean that we add our own conscious intent into the mix while the Light energy we've just sent outward, rebounds back toward us.

The Light energy we send out, should reach the philosophical edges of the infinite universe in that moment when the last of our breath is spent on "Ribonno Shel Olam". With the inhale that follows, the Light energy begins to rebound. It echoes back toward us, just like the ripples in a pond reverberate back upon their source.

This is another critical juncture since this is when the changes caused by the first, outward wave of Light energy, are concretized. This echo, having been touched by the Divine through its brushing against the philosophical edges of the infinite universe, is a special substance. It is a universal fixative. It's what "sets in stone", so to speak, the changes we have wrought through our blessing.

When we add our conscious intent to this particular phase of our creation, we can multiply its effect exponentially.

So, this final factor in our canticle is where we get to add extra oomph to the effectiveness of our intended blessing. This process is similar to what I said about making the accumulated Light energy reflect and manifest our intention. This is also something that you need to just *do*, without rationalizing it. You will know instinctually what to do.

As you perceive the returning wave of blessing, make the ripples reflect your intention. See your intention crystallizing within the essence of everything the wave passes through. Use your mind's power to aid the universal fixative.

And then, with the closing "Amen", make it a completely concrete reality. At that moment, the echoing ripples return to you.

So, with this final ingredient included, let's perform the entire extended canticle. We will begin with our triple accumulation and then pause for three complete breaths while we impregnate our accumulation with our blessing of well-being to all. Then we will expel our blessing with the "Ribonno Shel Olam" and pause for another three breaths while we shepherd its return. And then we will close with the "Amen".

Ani, IHVH, ADNI.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI.

Now impregnate the accumulation.

Now expel it.

Ani, IHVH, ADNI, Ribonno Shel Olam.

Now shepherd its return.

Now concretize it.

Amen.

Wonderful!

Now let's do that again, but before we do, I want to remind you about the three-fold magical speech. Remember that you are not just speaking normally, but physical-astramentally. You are speaking with your mind, your heart *and* your body.

Very well, let's proceed but this time I will not speak during our two three-breath pauses.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI.

+

+

+

Ani, IHVH, ADNI, Ribonno Shel Olam.

+

+

+

Amen.

Wonderful!

Now let's do the entire operation one last time.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI.

+

+

+

Ani, IHVH, ADNI, Ribonno Shel Olam.

+

+

+

Amen.

Perfect!

Now we must turn our attention away from what we have just accomplished. This is an important step in any magical operation. At the end, you must create a true end and sever the link between your mind and what has just transpired. The more abruptly and firmly you do this, the better.

The canticle that forms the exterior of the Magic of IHVH-ADNI can be used in many different ways. What you have just learned is the complete working of the canticle, or what I call the "full form". I realize that there is a lot to keep track of during the full form, but don't worry, it will become automatic with practice. What now takes intense concentration, slow thinking and lots of empty breaths, will eventually occur within the span of mere seconds.

Likewise, your perception of the Light energy will increase and mature with practice, as will the quantity you are capable of accumulating.

The simplest form of the Magic of IHVH-ADNI mimics the breath cycle itself. With the simple form, there is no accumulation, impregnation or shepherding. The Kethric Light is merely drawn down and expelled, drawn down and expelled, over and over for as many repetitions as seems appropriate. This practice has a tonic effect upon the astral body and helps establish the kabbalistic light structure within. It clears the channels of Light within your whole being.

The full form has many ritual uses. Primarily it makes for quick and powerful accumulation of energy. The segment from "Ani" through "ADNI" can be repeated as many times as desired and you can thus accumulate as large or as dense a charge of Light energy as you desire.

The full form's Light energy can be directed outward toward all others, or be more specifically aimed at a single person or group. Or it can be turned directly inward upon

your own self. With the blessing we just performed, we have spread our Light energy outward to all others. If you wish to focus it upon a specific target, then the times for targeting are during the impregnation of your intention upon the accumulated Light energy, and then again during the shepherding phase. In any event, you must still send it out to the edges of the infinite universe, but when you wish to focus on a target, you must make your target the exact center point of the returning wave. In other words, your target must be the point at which the echoing ring of waves shrinks back to nothing. If *you* are the target, then the wave of Light energy returns finally to you and no where else.

One thing that you should be aware of is that this canticle does not work if the desire you impress upon the accumulated Light energy would result in a harmful or negative effect. There are two reasons for this. Number one is the Kethric source of the Light employed. And number two is because we are sending this Light out to the philosophical edges of the infinite universe. In other words, we are touching the Divine. The Divine touch is transformative and when we send a negative or harmful energy unto it, it is returned to us in a new form. When what we send to the Divine is overly negative, it returns *only to us*. But when we send blessing, it returns multiplied a thousand-fold and not only to us alone.

This ends Lesson Four. I suggest that you experiment with these new additions to your practice and become familiar with their inclusion. When you feel ready, you may move on to Lesson Five and learn how to create and maintain your own personal shield, using the Magic of IHVH-ADNI.

This has been Rawn Clark. My best to you!

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LESSON FIVE: Creating a Triple Shield

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Hello. This is Rawn Clark. You are listening to Lesson Five in the Magic of IHVH-ADNI.

With this Lesson we will explore another specific use of the Magic of IHVH-ADNI -- the creation of your own triple shield.

By "triple shield" I mean a three-part shield that encases your physical, astral and mental bodies, independently and simultaneously. The triple shield is constructed in three steps. First, the physical body is shielded, then the astral body and finally, the mental body.

For each part of the triple shield, we will accumulate three quanta of the ADNI Rainbow-hued Light and wrap it around ourselves. Then, during the pause between "ADNI" and "Ribonno Shel Olam", we will impregnate this accumulated Light with our instructions for our shielding and bind it to the universal storehouse of Light so that it may exist continuously without our needing to replenish it.

Then, with the "Ribonno Shel Olam", we will release this accumulated Light in the usual manner and cast it out to the philosophical edges of the infinite universe. In this way, we bless our shield and connect it to the universal storehouse of Light -- the Divine. As we shepherd the return of this Light, we direct it to surround our bodies and shield us as we have willed. And then, with the "Amen", it becomes concrete fact.

In this Lesson, I will lead you through the construction of all three parts of the triple shield, starting with the physical shield and ending with the mental shield. However, you may want to create only one part of the shield at a time. If so, then follow along until the physical shield is complete and return to the Lesson another time. With your second working, redo your physical shield and then create your astral shield on top of that. Finally, on your third working, redo your physical and astral shields and add on your mental shield as a final layer.

The philosophy or quality that underpins a shield is vitally important. Personally, I prefer a shield that alerts me to any incoming or ambient negative influences and then gives me the option to either let them in or reject them entirely, as I see fit. We can learn many important lessons from our encounters with negative forces and unpleasant circumstances, so avoiding them entirely misses the point.

This is the type of shield I will be directing you to create. However, should you desire to create a different sort of shield, based upon a different philosophy, then you should feel free to modify my instructions as *you* see fit.

So, let's move on to the practice itself.

It is best if you stand upright for the creation of your shield, but if this is impossible or uncomfortable, then sitting erect will suffice.

We will begin with a cleansing by employing the canticle's short form, three times in succession. This rids our three bodies of all negativity that we may be holding at this moment. Let's cant together now.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Very well.

Now feel the dimensions of your physical body. Try to feel your *whole* body, all at once.

Now let's accumulate our three quanta of Rainbow Light by canting the "Ani" through "ADNI" three times in succession. As you accumulate the light, wrap it around the exterior of your physical body and circulate it clockwise (left to right in front of you and right to left in back of you). Let the density and vibrancy of the Light increase with each repetition.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI.

Very well. Now hold this Light, keep it circulating and increase its density.

Now we will impregnate this accumulated Light with our instructions. First we must impress upon it the nature of its purpose.

Whether it be with words or thought alone, is up to you, but you must instruct this Light to act as a permanent barrier to all incoming or ambient negative energies.

Instruct it to alert you when negative energies are present.

Instruct it to always remain active, even when your mind is on other things, until such time as you consciously decide to release it.

Instruct it to constantly replenish itself from the universal storehouse of Light.

Spend a few moments now, focused upon this Light shield and see to it that it conforms to your desire.

And now we will send our accumulated Light out along its journey to the Divine. As you speak the "Ani" through "ADNI", instead of accumulating another quanta of Light, use the descending Light to enhance the structure of what you have created. With the "Ribonno Shel Olam", release the Light and let it touch the edges of the infinite universe. As it rebounds upon you, shepherd its course and make sure that it connects with the universal storehouse of energy, drawing its energy from the entire universe. And finally, with the "Amen", see that it forms a solid shield of Light surrounding your physical body.

Let's cant together now.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Wonderful! Now spend a few moments visualizing and stabilizing your physical shield.

Now we will create our astral shield. As with the physical shield, we will begin by sensing the dimensions of our astral body. Try to sense your *whole* astral body, all at once.

Now let's accumulate our three quanta of Rainbow Light by canting the "Ani" through "ADNI" three times in succession. As you accumulate the Light, wrap it around the exterior of your astral body and circulate it clockwise in concert with your physical shield. Let the density and vibrancy of the Light increase with each repetition.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI.

Very well. Now hold this Light, keep it circulating and increase its density.

Now we will impregnate this accumulated Light with our instructions.

That this Light is to act as a permanent barrier to all incoming or ambient negative energies.

That it is to alert you when negative energies are present.

That it is to always remain active, even when your mind is on other things, until such time as you consciously decide to release it.

That it is to constantly replenish itself from the universal storehouse of Light.

Spend a few moments now, focused upon this Light shield and see to it that it conforms to your desire.

And now we will send our accumulated Light out along its journey to the Divine. Let's cant together now.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Wonderful! Now spend a few moments visualizing and stabilizing your astral shield. Unite your astral shield with your physical shield so that they function as a single entity.

Now we will create our mental shield. As before, we will sense the dimensions of our mental body. Begin by sensing your entire astra-physical body. This effectively spreads your mental body out over your entire corpus. Now try to sense your *whole* mental body, all at once.

Now let's accumulate our three quanta of Rainbow Light by canting the "Ani" through "ADNI" three times in succession. As you accumulate the Light, wrap it around the exterior of your mental body and circulate it clockwise in concert with your astra-physical shield. Let the density and vibrancy of the Light increase with each repetition.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI.

Ani, IHVH, ADNI.

Very well. Now hold this Light, keep it circulating and increase its density.

Now we will impregnate this accumulated Light with our instructions.

That this Light is to act as a permanent barrier to all incoming or ambient negative energies.

That it is to alert you when negative energies are present.

That it is to always remain active, even when your mind is on other things, until such time as you consciously decide to release it.

That it is to constantly replenish itself from the universal storehouse of Light.

Spend a few moments now, focused upon this Light shield and see to it that it conforms to your desire.

And now we will send our accumulated Light out along its journey to the Divine. Let's cant together now.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Wonderful! Now spend a few moments visualizing and stabilizing your mental shield. Unite your mental shield with your astra-physical shield so that they function as a single entity.

We will close as we began, with three repetitions of the canticle's short form. This will fuse our three-part shield into a true triple shield that functions as a single entity.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Wonderful!

Now let's turn our attention away from our shield and let it begin functioning on its own.

It is wise to revisit this creation of your shield at least once a week for the first month. Until you get the hang of connecting your shield to the universal storehouse of Light, it may need periodic recharging. This can be accomplished by simply accumulating the Light and binding it to the shield you have already created. As you do this, be sure to reiterate your instructions, especially your instruction that it replenish itself from the universal storehouse of Light.

You can at any time make changes to your shield simply by modifying your instructions and impressing them upon the Light itself. You can also terminate your shield or turn it off temporarily. Your shield is your own creation so you get to set its parameters.

Ordinarily, your shield will recede to the background of your awareness, but you can easily call it up by merely thinking about it. This will ignite your shield to full force, so to speak, and it will become a consciously protective ally.

Using this same technique, combined with the transference of consciousness that Franz Bardon described in his "Initiation Into Hermetics", you can generate shields around other objects or people. Alternately, you can create a shield and then project it around an external object; or you can cause one to coalesce around an external object without it first passing through your own body. You can even extend your own triple shield to encompass another person or object. The options are as limitless as your creative imagination.

I wish you many happy, fruitful years of experimentation and shield-crafting!

This ends Lesson Five. You may continue on to Lesson Six whenever you want now that you have created your triple shield.

This has been Rawn Clark. My best to you!

The Magic of IHVH-ADNI

LESSON SIX: Consciousness Raising

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Hello. This is Rawn Clark. You are listening to Lesson Six in the Magic of IHVH-ADNI.

In this final Lesson, we will diverge from the thread we have followed till now and examine an entirely different use of the canticle. This time we will not be using it to create anything. Instead, we will use the canticle as a tool for the raising of our own conscious awareness.

The canticle expresses five distinct levels of consciousness which can be correlated to the four Hermetic Elements, plus the fifth, Aethyr or Akasha. In the ascending order which we shall be using, these levels are as follows:

The first level corresponds to the final Heh of IHVH and the Element Earth. This is Malkuth and your personal life circumstances. This is your conscious awareness as it normally exists within your physical body. From the Malkuth perspective of the final Heh, you reach upwards to Kether (Ani) and pull the light all the way downward into your body, *and* you perform this operation from within your physical body. This is the perspective from which you've learned to practice the Magic of IHVH-ADNI through the preceding Lessons.

The second level corresponds to the Vav of IHVH and the Element Air. This is Tiphareth and your Individual Self. The experience of the Individual Self is best described as one of detachment from direct involvement in the personal chaos of normal life. From the Tiphareth perspective of the Vav, the Individual Self looks down upon the mundane life circumstances and perceives them in a broader context.

When the Individual Self draws down the light from Kether, it is not as far an upward reach and when the light descends into the Vav, there is a sense of completion and empowerment similar to that experienced from the Malkuth perspective when the light descends into the final Heh. After the light reaches and fills the Vav, the Individual Self willfully pushes it further downward into the final Heh of Malkuth. In this way, it is the Individual Self that directly empowers the mundane personal self.

The third level corresponds to the first Heh of IHVH and the Element Water. This is Binah and your Greater Self. From the Binah perspective of the first Heh, the Greater Self looks down upon the countless number of Individual Selves that it projects into the stream of space-time, along with mundane life circumstances of each Individual Self's incarnations and perceives them in the broadest of contexts. The Greater Self is the eternal mental body or core spirit that fills our particular being.

The Greater Self can focus its attention on any single Individual Self and its incarnation, or focus itself throughout all of its Individuals simultaneously. The Greater Self is a vastly inclusive and fluid level of awareness.

When the Greater Self draws down the light from Kether, it is right at hand, hardly a reach at all except in the symbolic sense. And when the light descends into the first Heh, there is the same sense of completion and empowerment that is experienced from the Tiphareth perspective when the light descends into the Vav and from the Malkuth perspective when the light descends into the final Heh.

After the light reaches and fills the Heh, the Greater Self willfully pushes it further downward into one or all of its projected Vav's or Individual Selves. And from there, each Individual Self pushes it downward still further into their mundane incarnations. In this way, it is the Greater Self who causes the Individual Self to empower the mundane personal self.

The fourth level corresponds to the Yod of IHVH and the Element Fire. This is Chokmah, highest level of Greater Self.

It is difficult to describe what differentiates between Chokmah and Kether or Unity. In fact, the ancient kabbalists described their closeness with the symbol of the Yod, saying that the uppermost point of the Yod was actually Kether and only the downward stroke was Chokmah. This symbolism provides an important clue in that it attributes the downward movement and direct action of a pen stroke to Chokmah, while reserving the passive point of origin for Kether.

In essence, Chokmah is the unity of all the Greater Selves. Chokmah is the unity-of-parts, whereas Kether itself is a singular, completely integral whole.

From the Chokmah perspective of the Yod, the Chokmah Self looks down upon the infinite number of Greater Selves that fill eternity, along with all of the Individual Selves that they project into the stream of space-time and the mundane life circumstances of each Individual Self's incarnations. The Chokmah Self perceives all of these parts as parts of its own self.

The Chokmah Self can focus its attention on any single Greater Self, or focus itself throughout all of its Greaters simultaneously, just as we can focus on our little finger alone or all of our fingers at once.

The Chokmah Self doesn't draw down the light from Kether, per se. Instead, the Chokmah Self ignites the Kether and the light is immediately at hand. Chokmah *is* the downward movement of the light of all-potential, into actualization.

And when the light fills the Yod, the sense of completion and fulfillment is overwhelming and beyond words. The Chokmah Self then pushes the light downward into the realm of the Greaters and on down, eventually reaching the material incarnations.

In this way, it is the Chokmah Self who causes the Greater Self to empower the Individual Self, who in turn empowers the mundane personal self.

The fifth and ultimate level corresponds to the Ani or “I am” and to the Akasha. This is Kether, The Unity, The One Self.

In Kether itself, there is no experience of light for it becomes clear that what is perceived from below as light, is in truth consciousness. From the perspective of Unity, everything is composed of this consciousness, of the essence of the Unity itself. Thus Kether is a whole thing, not a mere unity of parts. It is potential *and* actualization, simultaneously.

From the Kethric perspective of the Ani, the Unitary consciousness emanates into Chokmah and from there into the entire realm of *BEing*. When it reaches Chokmah, it is then directed – *as light* -- by the Chokmah Self into whatever direction is desired.

So, these are the five levels of awareness symbolized within the Magic of IHVH-ADNI canticle.

When the light strikes Malkuth with force and the ADNI rainbow-hued light erupts, it rises all the way back up to Kether. When the canticle is performed from the Malkuth perspective that you’ve already learned, then the sensation of empowerment elicited by the ADNI eruption is felt primarily at the Malkuth level. But when the canticle is performed from the Tiphareth perspective, as the Individual Vav Self, then the sensation of empowerment is felt at that level more so than at the Malkuth level. And when it’s performed from the Binah perspective of the Greater Self, the empowerment is felt at that level primarily, and so on.

At each level, the rainbow-hued cloud of ADNI light is sent outward with the recitation of Ribonno Shel Olam *from the perspective of that level*, and is returned to that same level. In other words, when you perform the operation from the Tiphareth perspective, it is with your Tiphareth body that you expel the accumulated light and your Tiphareth body is where the light returns to once it has touched the edges of the infinite universe.

So, on to the practice itself. I will explain the process of ascent using the canticle and also describe a few alternate exercises to experiment with.

We will start with three repetitions of Ani. As you say the Ani or “I Am”, sense your entire physical body and make this your center of self awareness. Only when it comes to speaking the canticle itself should the Ani raise your awareness to your Kether. So, our first three Ani’s will focus our awareness into our Malkuth and the fourth Ani which begins our recitation of the canticle itself, raises our awareness to our Kether. The point here is that it must be *from* Malkuth that we raise our awareness *to* our Kether. It is from our Malkuth that we must perform the entire operation.

Very well. Let’s begin now with our three Ani’s and then move directly into performing the canticle from the Malkuth perspective.

Ani

Ani

Ani

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen

Wonderful!

Now we will move up one level and perform the same sequence but from the Vav or Tiphareth perspective of the Individual Self. While you are saying the initial three Ani's, you must focus your awareness upon your Individual Self. The simplest way to do this is to visualize yourself standing atop a cloud, looking down in a fairly detached manner upon your every day life. The main distinguishing feature of this perspective is that of detachment from immediate involvement in all the emotions and events of your mundane life.

With the three Ani's, you must make this body the central focus of your awareness. It must be your "I Am". When it comes time to begin the canticle itself, you must raise your awareness from your *Tiphareth* to your Kether.

As you bring the light down from Kether, pay close attention to the sensations elicited as it strikes and fills your Vav. Also notice how it feels when the ADNI light arises to the Vav; how it feels to radiate this light from the Tiphareth perspective when you recite the Ribonno Shel Olam; and finally, how it feels when this light, having rebounded off the edges of the infinite universe, returns to your Tiphareth Self.

Very well. Let's begin now with our three Ani's and then move directly into performing the canticle from the Tiphareth perspective.

Ani

Ani

Ani

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen

Wonderful!

When you practice this apart from this recording, you should feel free to increase the number of initial Ani's as it suits you. Keep repeating the Ani until you are firmly rooted in the Tiphareth perspective.

Now we will move up another level and perform the same sequence but from the first Heh or Binah perspective of the Greater Self. While you are saying the initial three Ani's, you must focus your awareness upon your Greater Self. The simplest way to do this is to visualize yourself standing atop a small planetoid in deep space. You stand as a giant upon a very, very small asteroid and all around, you see countless stars, each with

its own planetary system. Each of these stars is a part of you and each is given sustenance from your own Self. These are your Individual Selves, your Vav's.

Once you have achieved this perspective, you must identify the Individual star that projects your corporeal self, your own Malkuth, for that is where you will be sending the descending light during the canticle itself. With the initial Ani's, you must focus your awareness in your Greater Self and make this your "I Am", but you must also be sure that you are still connected to your own Tiphareth and Malkuth. It is from here that you reach up to Kether as you begin speaking the canticle itself.

As the light descends into and fills your first Heh, pay close attention to the sensations this elicits. Once it does fill your Greater Self, you must then direct it downward, into your own Individual Self. On its return upward as the ADNI, again pay close attention to the sensations this elicits in your Greater Self. Notice also how it feels to radiate this swirling cloud of ADNI light as you speak the Ribonno Shel Olam, from the Binah perspective, and how it feels when, having touched the Divine, it returns to your Binah Self.

Very well. Let's begin now with our three Ani's and then move directly into performing the canticle from the Binah perspective.

Ani

Ani

Ani

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen

Excellent!

Now we will move up another level and perform the same sequence but from the Yod or Chokmah perspective. While you are saying the initial three Ani's, you must focus your awareness upon your Chokmah Self. The simplest way to do this is to visualize yourself standing amid a universe filled with nothing but particles of light. Each of the infinite number of light particles is a Greater Self. You will know automatically which exact particle of light is the Greater Self that connects to your particular incarnated body.

The procedure is exactly the same as before so I will not go into the usual minute detail.

Let's begin now.

Ani

Ani

Ani

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen

Excellent!

Now we will move up to the ultimate level and perform the same sequence but from the Ani or Kethric perspective of the Unity. While you are saying the initial three Ani's, you must focus your awareness upon your Kethric Self. The simplest way to do this is to create the feeling that you are the Kethric light itself. That you are all consciousness, all being, all of existence. This is your body, your "I Am".

The procedure here is not exactly the same as before since you are now the source of light and you draw nothing down. Instead, the canticle, when performed from the Kethric perspective, is an operation entirely devoted to the emanation of light. Taken to its fullness, performing the canticle from the Kethric perspective mimics the cyclic breath of the universe itself as it emanates into existence and then returns to its source only to emanate again, and so on.

Let's begin now.

Ani
Ani
Ani
Ani, IHVH, ADNI, Ribonno Shel Olam, Amen

Excellent!

Now we will perform one final recitation of the canticle from the normal Malkuth perspective in order to firmly ground us back into our normal mundane awareness.

Ani
Ani
Ani, IHVH, ADNI, Ribonno Shel Olam, Amen

Very well. This ends the instructional portion of Lesson Six.

Now I will discuss a few alternate approaches for you to experiment with and explore.

In the preceding instructions, I indicated that you should guide the descending light down into your own Malkuth. This however, is not your only option. From Tiphareth, you can also guide the light down into any or all of your past incarnations. From Binah, you can guide the light down into any or all of your Greater's manifest Individuals. From Chokmah, you can guide the light pretty much anywhere you like, and from the Unity you can emanate the light into the entire universe if you so choose.

Another alternative is that you can truly follow the light down with your conscious awareness. For example, from Binah, you can descend *with* the light into Tiphareth, sense your Tiphareth body and then descend *with* the light into your Malkuth and sense your Malkuth body. And as the ADNI light erupts and rises upwards, you can re-ascend with your conscious awareness until you reach the level from which you started. This has

the effect of greatly integrating your various levels of Self, unlike the method you've just performed which merely opens the channels of light between these levels.

A final alternative that I will mention is what I call "Breathing the Unity". Here, you begin by working your way up to your Kether by following the steps you've just learned. Then you spend some time emanating your Kethric light into the whole universe, then inhaling it back into yourself and then emanating it anew, over and over with each repetition of the canticle from the Kethric perspective. Then you follow your emanation of light with your conscious awareness, outward into the entire universe and back to your Kether, over and over. Given enough practice and facility with the Magic of IHVH-ADNI, this can be a sublimely powerful meditation.

This ends Lesson Six, the final Lesson in the Magic of IHVH-ADNI. I pray that you use this magic well and create much beauty in the world.

This has been Rawn Clark. My best to you!

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen

The Magic of IHVH-ADNI

LESSON SEVEN: Setting the Tone of the Temporal Moment

© 2003 By Rawn Clark

Introduction:

Hello, this is Rawn Clark bringing you Lesson Seven in The Magic of IHVH-ADNI.

I wish to introduce you to an advanced usage of The Magic of IHVH-ADNI that I call "Setting the tone of the temporal moment". By this technique one creates conditions within the material realm that are in harmony with the realization of a specific desire.

For example, once a week I drive 35 miles each direction, along both freeway and narrow back roads, to volunteer a few hours at a food bank. Each week before departing, I use this Setting the Tone technique to assure that I will have a safe journey to and fro, that my time at the food bank will be pleasant, and that I will succeed in putting smiles on several faces whilst there. As a consequence, I have never had an accident on either the freeway or on the narrow back roads, my time at the food bank is always pleasant, and I invariably succeed at making folks smile.

Another example was one day, I was having difficulties with my computer's CD burner and I had a fair sized order for CD's that needed burning. So I used this technique to set the tone of smooth operating. It was like making a groove into a blank record, after which it was no problem to deposit myself and my CD burner into that groove. As a consequence, I was able to finish the needed CD burning without further difficulty.

As a final example, I used this technique right before sitting down to write this new Lesson. With it, I set the tone for a successful completion of my task, for clarity of mind and for a lack of importune interruptions.

These, of course, are just three, rather mundane examples of what is possible to accomplish with this technique. Nonetheless, it is best to begin with something simple and practical when learning this technique, so I will be using my final example as a template for my explanation of the technique.

First, I will give a detailed description of the technique within the context of my template and then I will guide you through the technique, step by step, as you apply it to a matter of your own choosing.

It took me a matter of just a few seconds to set the tone for this writing session but, I dare say, it will take me far longer to describe in detail what occurred during those few seconds. This is just as well since when you're first learning this technique, it's essential that you take your time and move very slowly through the visualizations I will be describing.

But before I go any further, I must say something about visualization. For the trained magician, there's but a hair's breadth of difference between visualizing something and perceiving it as an accomplished fact. The reason for this is the strength of the trained mental will. When a thing is visualized with a strong mental will, a strong presence is created within the mental realm itself. Within the mental realm the Law of "like attracts like", holds sway, so when you insert a strong visualization into the mental realm, the realization of that visualization is immediately drawn to it and the visualization becomes a fact of reality instead of just an imagination. Of course, it takes time for this mental template to sink through the layers of density and become a physical reality, but on the mental plane, the transition from imagination to factual reality is instantaneous.

This mental plane Law of 'like attracts like' is important. It's the key to how one travels around the infinite mental plane, it's the root of many forms of magic, and it's the basis upon which several of the exercises of IIIH were constructed. For example, the Step Three work with the Elements is based upon this Law. The student begins by creating a multi-sense imagination that the Element surrounds them and stretches infinitely in every direction. This creates a very strong presence within the mental realm to which is attracted the mental reality of the imagined Element. In this way, the student connects with the real Element through the application of their own imagination. And because this is a multi-sense imagination it will sink immediately into an astral density and the student will connect with the astral Element as well. But it is only because of the mental formation, and consequent mental connection, that the astral connection results. In other words, without the mental connection, no astral connection would ensue.

In Lesson Seven, I will instruct you to visualize certain things, but really these need to become more than mere imagination and grow into actual perceptions of factual reality. However, your imaginations will become stronger and stronger through repeated practice and you will achieve that transition from imagination to perception of factual reality.

So, on to my description --

I begin by uttering the Ani. Simultaneously, I am placing my awareness in Kether. In Kether, I look down upon the whole of reality, the eternal and the temporal. My perspective is as if from above and implies a certain detachment, yet I am completely connected with all that I see. It and I are one, yet I have focused my awareness above it so that I can look down upon it.

The primary thing that catches my Kethric eye is a thin white thread that stretches from my Kethric Self all the way down to my little Rawn-self who just uttered the word Ani. This thread passes through Chokmah and thereby highlights Chokmah to my vision. It passes also through the Greater Self, Sowantha, of which the small Rawn-self is an aspect, and thereby highlights Binah to my vision. Furthermore, it passes through the Individual-Rawn Self and thereby highlights Tiphareth to my vision. And at its end, the thread lies rooted in the small Rawn-self who first uttered the Ani.

I focus my Kethric consciousness upon this single white thread and as I speak the Yod through my small Rawn-self, I follow that descending thread and lower my Kethric Self into Chokmah, the place of choice. I fill Chokmah with my Kethric awareness and choose to follow the thread further.

As I utter the first Heh through my small Rawn-self, I follow the thread and lower my Kether-Chokmah Self into Binah and the Sowantha Greater Self. I fill Sowantha with my Kether-Chokmah awareness and sense my eternal surroundings. Then with my Kether-Chokmah-Binah awareness, I look down upon my Individual-Rawn Self within the temporal realm.

As I utter the Vav through my small Rawn-self, I follow the thread and lower my Kether-Chokmah-Binah Self into Tiphareth and the Individual-Rawn Self. I fill the Individual-Rawn with my Kether-Chokmah-Binah awareness and sense my temporal surroundings. Then with my Kether-Chokmah-Binah-Tiphareth awareness, I look down upon my small Rawn-self within the finite temporal moment.

As I utter the final Heh through my small Rawn-self, I follow the thread and lower my Kether-Chokmah-Binah-Tiphareth Self into Malkuth and the small Rawn-self. I fill Rawn with my Kether-Chokmah-Binah-Tiphareth awareness and sense my time-space surroundings.

Then with my unified Kether-Chokmah-Binah-Tiphareth-Malkuth awareness, I speak the Adonai as the Rainbow-hued cloud of light erupts around me. This light exists as a consequence of the unification of these five layers of my awareness within this temporal moment.

Then I inhale this cloud of light into the material body of my small Rawn-self by pulling it inward with a clockwise spiral motion, like water going down the drain of a sink.

If you have trouble visualizing this clockwise spiral motion then I suggest that you plug a sink and fill it with water. Then un-plug the sink and as the water drains, move your hand clockwise through the water and create a strong clockwise current. This is how the in-draw feels -- it pulls in from the edges toward center in a right-to-left arc. The expulsion of the light outward uses this same clockwise motion, in which case, the light fans out from center.

Through my exhale I speak the Ribonno Shel Olam with my Kether-Chokmah-Binah-Tiphareth-Malkuth awareness and send this light outward unto eternity. I see the Rainbow-hued light spread immediately throughout the temporal universe and I follow its passage inward and feel it as it strikes in succession my Tiphareth, Binah, Chokmah and Kethric Selves.

This raises my Kether-Chokmah-Binah-Tiphareth-Malkuth awareness up to Kether and I am united in Kether in the same way I am united in Malkuth.

With the inhalation of my material body within the finite temporal moment, my Kether-Chokmah-Binah-Tiphareth-Malkuth awareness is drawn back down into Malkuth and as I speak the Amen with my unified consciousness and will, the cloud of light re-solidifies around my material body.

As I inhale, I draw the cloud of light again into my material body with a clockwise spiral motion. As I exhale, I speak the Amen again with my fully unified awareness and send the light outwards into the fabric of time, again with a clockwise spiral motion.

I should explain that sending the light into the fabric of time is different than sending the light out to the edges of the infinite universe. Here I am sending it outward from the present finite moment of rigid time-space, into the ocean of possible futures that surround this finite present moment. This feels very different than sending the light out into just the present moment alone. When sending it into the fabric of time, there is a sense of boundlessness; whereas, when sending it into the present moment alone, there is a contrasting sense of rigidity and physicality, as if you're passing through matter itself. Here however, you're not passing through matter; instead, you're passing through the, as yet unwoven, fabric of time.

Since the desire I bring to the use of this magic today is that I might find the right words in writing this Lesson, I send that mental desire out with the light on its journey into the fabric of time. My mental impress acts as a magnet that draws what I seek to me and draws me to what I seek. The cloud expands until its edges reach the possible future temporal moment in which there is a realization of my desire. At that point, the spreading lights ceases to expand. I have made contact with the potential future I sought and there is no reason to probe further.

With an inhale of breath I draw the light back into my material body, again using a clockwise spiral motion. As the light returns to me, I feel that it has bound my goal and I together. It has connected us and forms a bridge between us. That bridge is built out of my desire to be successful in the creation of Lesson Seven.

What I have done here is to anchor the light upon a specific possible future. This enables me to locate that specific moment again with the next sending and provides me with the target I need to harmonize my present moment with. In other words, I will now begin the process of truly setting the proper tone for the moments that ensue between the present one and the possible future that I've anchored the light to. By using the Adonai-light to fill the temporal gap between my present moment and that specific possible future moment, I have created a vibrational continuum between the energetic frequencies of these two different moments in time-space. I am at one place in that spectrum of Rainbow-hued light and the future moment is at another point in the spectrum, and before me lies an unbroken continuum of color which blends my point in the spectrum with that of the future moment.

So, having drawn the light back into my material body and into the present moment, I exhale and speak the Amen again with my fully unified awareness, sending the light

outwards into the fabric of time once more. It expands with a clockwise spiral motion until it reaches my target moment once again. As it expands, the continuum between moments becomes clearer and more solid and these two moments are brought into closer harmony. This also strengthens my grasp upon that future moment which increases its likelihood a thousand-fold.

With the inhale, I draw the light back again into my material form and into the present moment. This alters the present moment and brings it into closer harmony with the likely future moment.

For a third and final time, I again speak the Amen with my fully unified awareness and send the light out on its final journey to my target moment. As the light expands, the continuum between moments is enlivened and brought still closer to the realm of probability and ultimate actualization. When it touches the target moment, the target is moved firmly into the realm of probability. So much so, in fact, that it is now unlikely that it would ***not*** occur.

With the final inhalation, I draw the light back into my material body and draw the vibration of my target moment back with me and into the present moment. As the light returns, the continuum becomes absolutely solid and there is no doubt that this target moment containing success will manifest.

I close with a moment of thankfulness and return to my relatively mundane awareness.

When I sat down to write several minutes later, I completely surrounded myself and my target moment, with white light and thereby set myself on the path which invariably leads to that future moment.

This final step of encircling oneself and one's target with white light is what sets you upon the path to your goal. No matter how long a time has lapsed between your work of setting the tone and your actually setting foot on the path, circling both ends of the continuum with white light will bring you immediately into harmony with the path. The work of setting the tone carves the metaphorical groove and circling yourself and your target with white light puts you in that groove which leads to only one place -- your target.

For example, I will not finish writing Lesson Seven in one sitting. I will have to go water my garden soon which means that I will have to later reclaim my position in this groove. It will take several days possibly to complete this task of writing, recording and then posting it on my website, so I will need to jump in and out of that groove, so to speak, several times before I've met face to face with my target moment. All I have to do to get back into the groove is to surround myself and my target with white light.

As I hinted at the beginning, this setting the tone technique has countless applications and an equal number of possible variations. One internal variation that I'd like to mention has to do with the initial phase of anchoring. Aside from your target moment, you can also

anchor the light to interim moments that exist within the continuum of separation between your present moment and your ultimate target. This is especially beneficial for longer range goals.

For example, with the working I just described, I could have also anchored onto the moment that I finish writing Lesson Seven and the moment I finish the recording, in addition to my target moment of total completion. Having these three anchors instead of just the one, makes the journey to a final destination somehow easier to manage. It's like when taking a long road trip. If one sees a few familiar landmarks along the way, the long journey then splits itself into shorter parts. This provides clear markers that help define one's progress. Multiple anchors are, as I said most practical for longer term goals, so I have not felt the need for them here in this instance.

Anchoring is also an important factor when you wish to adapt this technique for healing another person or for bestowing the Blessing of IHVH-ADNI upon another person. Both of these adaptations will be covered in future Lessons.

Well, I think I've completely exhausted my ability to describe the technique to you so let's move on to the practice.

Practice:

Before we begin, you must decide upon the desire you wish to apply this technique to. For this first practice it should be something fairly simple and short term. If you haven't already settled upon a choice, then put this recording on pause and decide now.

Since we will be going so slowly through the utterance of the canticle, please feel free to take any empty breaths that you might need. Do not hold your breath in or out in any event.

Begin by stilling your mind and body and focusing your awareness within the present moment of time and space. When you speak the **Ani** which begins the canticle, you want to raise your awareness up to your Kether in synchrony with the rising tone of the word, so that by the time you are uttering the final Yod of Ani, you are firmly rooted in your Kethric awareness.

So, let's begin.

> Inhale loudly <

Ani

Your awareness is now focused in Kether. The entire creation is spread out below your center of awareness. You see below you, the layers of eternity and temporality. Weaving its way up to you, you see a thin white thread. It is rooted in your material form and

leads all the way up to your Kethric awareness. It exists because you have spoken the Ani.

You see that it passes through Tiphareth and illumines your own Individual Self. It passes through Binah and illuminates the Greater Self of which you are a part. And it passes through Chokmah, illuminating that sphere as well.

When these images are clear to your perception, you are ready to speak the IHVH and follow that thread down to your material form. As you speak the Yod, begin your descent and, with your Kethric awareness, follow the white thread into Chokmah.

> Inhale loudly <

Yod

Your Kethric awareness is now centered in Chokmah. This region appears in a soft grey light with the bright white thread passing through the center of it. Fill your Chokmah with your Kethric awareness and then, with your combined Kethric and Chokmah awareness, gaze over at Binah and see the bright white thread which spans this distance.

When these images are clear to your perception, you are ready to speak the first Heh and follow that thread over to your Greater Self. As you speak the Heh, begin your descent and, with your combined Kether-Chokmah awareness, follow the white thread into Binah.

> Inhale loudly <

Heh

Your Kether-Chokmah awareness is now centered in Binah. Fill your Greater Self with your Kether-Chokmah awareness and then, with your combined Kether, Chokmah and Binah awareness, look around you. Above, you see the White Brilliance of Kether and below you, you see the relative darkness of the temporal realm. Surrounding you within the eternal realm, you perceive an infinite number of other Greater Selves.

Now take note of the bright white thread that leads from the heart of your Greater Self, down into the temporal realm, highlighting your Individual Self residing in Tiphareth.

When these images are clear to your perception, you are ready to speak the Vav and follow that thread down to your Individual Self. As you speak the Vav, begin your descent and, with your combined Kether-Chokmah-Binah awareness, follow the white thread into Tiphareth.

> Inhale loudly <

Vav

Your Kether-Chokmah-Binah awareness is now centered in Tiphareth. Fill your Individual Self with your Kether-Chokmah-Binah awareness and then, with your combined Kether, Chokmah, Binah and Tiphareth awareness, look around you. Above, you see the Violet Blackness of Binah and below you, you see the relative darkness of the material realm. Surrounding you is the entire temporal realm and you perceive an infinite number of other Individual Selves.

Now take note of the bright white thread that leads from the heart of your Individual Self, down into the material realm and the finite moment, highlighting your material self residing in Malkuth.

When these images are clear to your perception, you are ready to speak the final Heh and follow that thread down to your material self. As you speak the Heh, begin your descent and, with your combined Kether-Chokmah-Binah-Tiphareth awareness, follow the white thread into Malkuth.

> Inhale loudly <

Heh

Your Kether-Chokmah-Binah-Tiphareth awareness is now centered in Malkuth. Fill your material self with your Kether-Chokmah-Binah-Tiphareth awareness by becoming of each of these levels of your awareness simultaneously. Sense your Kether, Chokmah, Binah, Tiphareth and Malkuth all at once, as a single, cohesive, multi-layered consciousness.

When this unified state of awareness which combines the eternal and temporal realms, occurs within the finite moment of time-space, the Rainbow-Hued Light of Adonai spontaneously erupts.

With your united consciousness, you speak the Adonai in celebration and affirmation of this eruption of Light.

> Inhale loudly <

Adonai

The Rainbow-Hued cloud of Adonai Light now spins clockwise around your material body which houses your unified consciousness.

As you inhale in preparation to speak the Ribonno Shel Olam with your unified consciousness, draw this cloud of Adonai Light into the center of your material body. As you then speak the Ribonno Shel Olam, send the Light you have brought into your core, outward to the edges of the infinite Universe as usual, and also send it inward to Tiphareth, Binah, Chokmah and Kether.

> Inhale loudly <

Ribonno Shel Olam

Follow the Light with your unified consciousness all the way out to the metaphorical edges of the universe and all the way in to Kether, brushing upon everything that exists in between.

With an inhale, draw this transfigured Adonai Light back to your material body and into the finite moment of time-space, wherein is housed your unified consciousness. Again, spread your awareness to all the layers of your multi-layers consciousness simultaneously.

And as you speak the Amen, see that the transfigured Adonai Light surrounds your material body, spinning clockwise.

> Inhale loudly <

Amen

With the Adonai Light spinning around you, spend a few moments focused upon your single desired outcome.

With your inhale in preparation to speak the next Amen, you must draw the Adonai Light back into the core of your material body. At the same time, transfer your strongly formed desire into the Adonai Light. Impress it very strongly upon the Light as you draw it into your body. And then, as you speak the Amen itself, you must send this Light which carries the impress of your desire, outward and into the, as yet, unwoven fabric of time.

> Inhale loudly <

Amen

With your unified consciousness, ride the expanding wave of out flowing Light as it penetrates the darkness of infinite possibilities. You are looking for the one possible future moment in which your desire is realized. Just flow outward with the wave of light, keeping your mind focused upon your desired outcome, and this moment in future-time will find you. You will know when you have encountered it by the fact that it stops the expansion of Light outward.

For a brief moment, let your unified consciousness rest in that future moment.

And now with an inhale, draw the Light back to your material body and into the finite present moment, as usual giving it a clockwise spiral motion.

Spend a few moments focusing upon the connection that now exists between this present moment and that future moment. You've snared it in your web of Adonai Light and have plucked it from the realm of infinite, undifferentiated possibilities and transformed it into a specific possibility.

With your inhale in preparation to speak the next Amen, you must again draw the Adonai Light into your core and re-affirm its impregnation with your desired outcome. With the subsequent speaking of the Amen, you again send the Light out into the fabric of time, but this time around you are aiming for a known goal -- your future moment.

> Inhale loudly <

Amen

As before, with your unified consciousness, ride the expanding wave of light as it very quickly makes its way to the now familiar future moment that holds the realization of your desire.

For a brief moment, let your unified consciousness rest in that future moment.

And now with an inhale, draw the Light back to your material body and back into the finite present moment, as usual giving it a clockwise spiral motion. This time however, you must draw that future moment back with you. Bring its definable uniqueness back into the definable uniqueness of the finite present moment.

Spend a few moments focusing upon how much stronger the connection between this present moment and that future moment has become. See how this present moment has been changed by your having made this connection. You have brought that possible future closer and it's now a likelihood, instead of a mere possibility.

With your inhale in preparation to speak the final Amen, you must again draw the Adonai Light into your core and re-affirm its impregnation with your desired outcome. With the subsequent speaking of the Amen, you again send the Light out into the fabric of time, but this time it's as if you're carving a clear pathway between you and your future moment.

> Inhale loudly <

Amen

As before, with your unified consciousness, ride the expanding wave of light as it very quickly makes its way to the now familiar future moment that holds the realization of your desire. As you progress outward, carve a very distinct path that connects your present moment with your future moment.

For a brief moment, let your unified consciousness rest in that future moment.

And now with an inhale, draw the Light back to your material body and back into the finite present moment, as usual giving it a clockwise spiral motion. Again, you must bring the definable uniqueness of the future moment back into the definable uniqueness of the finite present moment. As you travel back to the present moment with the Light, follow the path you laid down during the expansion and make this pathway more distinct.

Spend a few moments focusing upon how strong, clear and solid the connection between this present moment and that future moment has become. See how both this present moment, and that future moment, have been changed by your having made this strong connection. You have brought that future likelihood still closer and it's now an inevitability, instead of a likelihood.

In this present moment, you are positioned squarely on the path that leads to this inevitable moment in which your desire has been realized.

With your unified awareness, focus in this present moment and once again, spread your unified awareness throughout the multiple layers of your consciousness simultaneously. See the cloud of Rainbow-Hued Light that surrounds, say a brief prayer of thanks for this blessing, and utter a final Amen.

> Pause <

> Inhale loudly <

Amen

Release your visualizations and return firmly to your mundane awareness. Open your eyes if they were closed and move your body around a bit.

> Pause <

Once you have fully returned to your normal state of awareness, mentally surround yourself with white light. And then, mentally surround your future moment with the same white light.

This ends the practice of Setting the Tone of the Temporal Moment and concludes Lesson Seven in The Magic of IHVH-ADNI. I wish you many wonderful returns as you explore the infinite possibilities of this technique.

My best to you!

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Amen, Amen, Amen.

Blessed Be, Amen.

The Magic of IHVH-ADNI

LESSON EIGHT: Healing From Afar

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Introduction:

Hello, this is Rawn Clark bringing you Lesson Eight in The Magic of IHVH-ADNI.

In Lesson Seven, "Setting the tone of the Temporal Moment", I introduced two new factors that this present Lesson builds upon. These are: sending the Adonai Light out into the, as yet unwoven, fabric of time and, what I called, anchoring the Light.

In Lesson Eight, "Healing From Afar", we begin as we did in the previous Lesson, with two main differences. One, we will be sending the Adonai Light out into the *woven* fabric of the *present* moment of time-space. And two, instead of searching for a possible future moment, we will seek out a known person -- the person we have chosen to be the recipient of our healing efforts. We will anchor the Adonai Light upon this person and steadily draw our own mental awareness to that person's location in the present moment of time-space.

Once our mental awareness is standing next to the physical body of this person we will focus our healing efforts upon them. To simplify matters for this Lesson, the only healing technique we will employ is to surround this person with the Adonai Light, but any other healing technique of your choosing can be substituted during your own solitary practice.

When our healing work is completed, we will then return with the Adonai Light to our own physical bodies and end in the usual fashion.

As I guide you through the practice of this technique, I will be moving along more quickly than in the last Lesson, assuming that you have already become familiar with the technique of unifying the layers of awareness.

So, without further ado, let's move on to the practice of healing from afar.

Practice:

Before we begin, you must decide upon the person you wish to apply this technique to. For this first practice it should be someone you know very well. If you haven't already settled upon a person, then put this recording on pause and decide now.

Since we'll be going somewhat slowly through the utterance of the canticle, please feel free to take any empty breaths that you might need. Do not hold your breath in or out in any event.

Begin by stilling your mind and body and focusing your awareness within the present moment of time and space.

> Pause <

So, let's begin.

> Inhale loudly <

Ani

Your awareness is now focused in Kether. The entire creation is spread out below your center of awareness.

> Inhale loudly <

Yod

Your Ketheric awareness is now centered in Chokmah.

> Inhale loudly <

Heh

Your Kether-Chokmah awareness is now centered in Binah.

> Inhale loudly <

Vav

Your Kether-Chokmah-Binah awareness is now centered in Tiphareth.

> Inhale loudly <

Heh

Your Kether-Chokmah-Binah-Tiphareth awareness is now centered in Malkuth. Fill your material self with your Kether-Chokmah-Binah-Tiphareth awareness by becoming conscious of each of these levels of your awareness simultaneously. Sense your Kether, Chokmah, Binah, Tiphareth and Malkuth all at once, as a single, cohesive, multi-layered consciousness.

When this unified state of awareness which combines the eternal and temporal realms, occurs within the finite moment of time-space, the Rainbow-Hued Light of Adonai spontaneously erupts.

With your united consciousness, you speak the Adonai in celebration and affirmation of this eruption of Light.

> Inhale loudly <

Adonai

The Rainbow-Hued cloud of Adonai Light now spins clockwise around your material body which houses your unified consciousness.

As you inhale in preparation to speak the Ribonno Shel Olam with your unified consciousness, draw this cloud of Adonai Light into the center of your material body. As you then speak the Ribonno Shel Olam, send the Light you have brought into your core, outward to the edges of the infinite Universe as usual, and also send it inward to Tiphareth, Binah, Chokmah and Kether.

> Inhale loudly <

Ribonno Shel Olam

Follow the Light with your unified consciousness all the way out to the metaphorical edges of the universe and all the way in to Kether, brushing upon everything that exists in between.

With an inhale, draw this transfigured Adonai Light back to your material body and into the finite moment of time-space, wherein is housed your unified consciousness. Again, spread your awareness to all the layers of your multi-layered consciousness simultaneously.

And as you speak the Amen, see that the transfigured Adonai Light surrounds your material body, spinning clockwise.

> Inhale loudly <

Amen

With the Adonai Light spinning around you, spend a few moments focused upon the person you wish to heal.

With your inhale in preparation to speak the next Amen, you must draw the Adonai Light back into the core of your material body. At the same time, transfer your strongly formed image of this person and your desire to locate them into the Adonai Light. Impress it very strongly upon the Light as you draw it into your body. And then, as you speak the Amen itself, you must send this Light which carries the impress of your desire, outward and into the fabric of the present moment of time-space which surrounds your physical body.

> Inhale loudly <

Amen

With your unified consciousness, ride the expanding wave of out flowing Light as it penetrates the spatial substance of the present moment. You are looking for the one person that you have chosen to focus your healing upon. Just flow outward with the wave of light, keeping your mind focused upon this person, and you will automatically be drawn to them. You will know when you have encountered them by the fact that they stop the expansion of Light outward.

For a brief moment, let your unified consciousness rest in their presence.

And now with an inhale, draw the Light back to your material body, as usual giving it a clockwise spiral motion.

Spend a few moments focusing upon the connection that now exists between yourself and this person. You've snared them in your web of Adonai Light.

With your inhale in preparation to speak the next Amen, you must again draw the Adonai Light into your core and re-affirm its impregnation with your desire to heal this person. With the subsequent speaking of the Amen, you again send the Light out into the fabric of the present moment of time-space, but this time around you are aiming for a known location.

> Inhale loudly <

Amen

As before, with your unified consciousness, ride the expanding wave of light as it very quickly makes its way to the now familiar location that holds the physical body of the person you seek.

For a brief moment, let your unified consciousness rest in their presence.

And now with an inhale, draw the Light back to your material body, as usual giving it a clockwise spiral motion.

Spend a few moments focusing upon how much stronger the connection between yourself and this person has become.

With your inhale in preparation to speak the final Amen, you must again draw the Adonai Light into your core and re-affirm its impregnation with your desire to heal this person. With the subsequent speaking of the Amen, you again send the Light out into the fabric of the present moment of time-space.

> Inhale loudly <

Amen

As before, with your unified consciousness, ride the expanding wave of light as it shoots like an arrow to the time-space location of the person you wish to heal. As you progress outward, gather more Light from the Universal substance and add this to the wave of Adonai Light.

When you arrive, stop and stand very still next to the physical body of this person.

Now condense part of the Rainbow-hued Adonai Light until it surrounds the person standing before you. Make it spin in a clockwise direction around them.

> Pause <

While the condensed Adonai Light swirls around them, say a prayer with your unified consciousness to the effect that this person will draw from the Adonai Light whatever they need to achieve healing.

> Pause <

After you've uttered your prayer, repeat your intention, with your unified consciousness, in the form of a command.

> Pause <

See that it is so.

> Pause <

Now you must turn your attention away from this person and fix it back upon your own physical body. With an inhale, draw the remaining Adonai Light back to your physical body and follow along with your unified consciousness.

With your unified awareness, focus yourself within your physical body and once again, spread your unified awareness throughout the multiple layers of your consciousness simultaneously. See the cloud of Rainbow-Hued Light that surrounds you, say a brief prayer of thanks for this blessing, and utter a final Amen.

> Pause <

> Inhale loudly <

Amen

Release your visualizations and return firmly to your mundane awareness. Open your eyes if they were closed and move your body around a bit.

> Pause <

This ends the practice of Healing From Afar and concludes Lesson Eight in The Magic of IHVH-ADNI. I pray that you use it well and bring much healing into the world.

My best to you!

The Magic of IHVH-ADNI

LESSON NINE: The Blessing of IHVH-ADNI

© 2003 By Rawn Clark

Introduction:

Hello, this is Rawn Clark bringing you Lesson Nine in The Magic of IHVH-ADNI.

By now, you are very familiar with the blessing that the practice of this magic confers upon the practitioner. With this final Lesson in the audio series, you will learn how to confer this same blessing upon another person. In order to effectively confer the Blessing of IHVH-ADNI, you must have thoroughly mastered the previous Lessons, most especially Lessons 7 and 8.

The procedure has three parts, the first two of which are exactly like the previous Lesson, "Healing From Afar". The first part is our utterance of the canticle and the unification of the various levels of our consciousness. The second part is the sending out of the Adonai Light into the woven fabric of the present moment of time-space, anchoring it to the person we wish to confer the Blessing upon and then projecting our own mental awareness to their physical location in time-space. Once we are standing next to this person with the mental presence of our unified consciousness, we begin the third part which is the Blessing itself.

Our first action in the Blessing is to draw in the Adonai Light until it surrounds us and the person we are to Bless. Then we begin to recite the canticle from the beginning and, in effect, unify our consciousness and the other person's consciousness, simultaneously.

When we speak the Ani and focus our awareness in Kether, we see two white threads instead of just one. This is our own thread and the thread of the person we have enveloped in our Adonai Light. Since we have established such a strong mental harmony between ourselves and this other person, our utterance of the Ani has the same effect upon the both of us as it ordinarily does upon us when we utter the Ani in solitude. It draws two threads up from the material realm.

In Kether, these two threads are one. In Chokmah the one thread splits into two and each connects to a different Greater Self in Binah. That is, unless you and the person you are Blessing both stem from the same Greater Self. In such a case, the thread remains one all the way to Binah and then splits to connect with separate Individual Selves in Tiphareth. Ultimately, these threads lead to two different people who are sharing the same mental proximity within the temporal present moment -- yourself and the person you wish to Bless.

As we speak the IHVH, we descend along both threads simultaneously and draw the Kethric Light of unified consciousness down them both equally. Since we occupy such close mental proximity within the temporal realm, our two threads will be very close together at each level of our descent. When, together, we reach Malkuth wherein our mental presence is standing right next to this person's physical body, the Rainbow-hued Adonai Light erupts to surround the both of us and we speak the Adonai.

When we speak the Ribonno Shel Olam, we send the Adonai Light outward to the metaphorical edges of the infinite universe and inward all the way back up to Kether. As we go inward, we ascend along both threads simultaneously.

And with the inhale that precedes the closing Amen, we draw back the Adonai Light that we have sent outward and inward, inwardly following along both threads in our descent, until it once again surrounds the both of us. As we speak the Amen, it solidifies around us and Blesses us.

This completes the Blessing and all that's left is our return to our own physical bodies, a prayer of thanksgiving and the resumption of normal waking consciousness.

Assuming that you have indeed mastered the previous 8 Lessons, I will be leading you through the first two parts of the procedure fairly quickly and then slowing down for the third part, the Blessing itself.

Lesson Nine, "The Blessing of IHVH-ADNI", is the final Lesson in The Magic of IHVH-ADNI audio series. Within this Foundation of nine Lessons, are buried many treasures from which to build a Temple worthy of housing your Divine spirit. I pray that you use this sacred magic to Bless your own life and to multiply those Blessings a thousand-fold that they may rain down as a shower of Beauty upon the whole world.

So, let's move on to the practice of the final Lesson, The Blessing of IHVH-ADNI.

Practice:

Before we begin, you must decide upon the person you wish to apply this technique to. For this first practice it should be someone you know very well. If you haven't already settled upon a person, then put this recording on pause and decide now.

Begin by stilling your mind and body and focusing your awareness within the present moment of time and space.

> Pause <

So, let's begin.

> Inhale loudly <

Ani

> Inhale loudly <

Yod

> Inhale loudly <

Heh

> Inhale loudly <

Vav

> Inhale loudly <

Heh

> Inhale loudly <

Adonai

> Inhale loudly <

Ribonno Shel Olam

> Inhale loudly <

Amen

With the Adonai Light spinning around you, spend a few moments focused upon the person you wish to Bless.

Transfer your strongly formed image of this person and your desire to locate them into the Adonai Light and then send this Light which carries the impress of your desire, outward and into the fabric of the present moment of time-space which surrounds your physical body.

> Inhale loudly <

Amen

With your unified consciousness, ride the expanding wave of out flowing Light as it penetrates the spatial substance of the present moment until you locate this person.

For a brief moment, let your unified consciousness rest in their presence.

And now with an inhale, draw the Light back to your material body.

Spend a few moments focusing upon the connection that now exists between yourself and this person. You've snared them in your web of Adonai Light.

Now again send the Light out into the fabric of the present moment of time-space, but this time around you are aiming for a known location.

> Inhale loudly <

Amen

For a brief moment, let your unified consciousness rest in their presence.

And now with an inhale, draw the Light back to your material body and spend a few moments focusing upon how much stronger the connection between yourself and this person has become.

With your inhale in preparation to speak the final Amen, you must again draw the Adonai Light into your core and re-affirm its impregnation with your desire to Bless this person. Now send the Light out into the fabric of the present moment of time-space a final time.

> Inhale loudly <

Amen

As before, with your unified consciousness, ride the expanding wave of light as it shoots like an arrow to the time-space location of the person you wish to Bless.

When you arrive, stop and stand very still next to the physical body of this person.

Now condense the whole of the Rainbow-hued Adonai Light until it surrounds both yourself and the person standing before you. The two of you stand within a clockwise spinning circle of Adonai Light.

> Pause <

Take a moment to expand your awareness throughout all the levels of your consciousness simultaneously, bringing your awareness into a unified state as you stand with your mental presence next to the person you wish to Bless.

Now begin to speak the canticle from the beginning.

> Inhale loudly <

Ani

Your awareness is now focused in Kether. Weaving their way up to you, you see two thin white threads. They are rooted in Malkuth and lead all the way up to your Kethric awareness. They exist because you have spoken the Ani.

When these images are clear to your perception, you are ready to speak the IHVH and follow those threads down to the material realm. As you speak the Yod, begin your descent and, with your Kethric awareness, follow the single conjoined white thread into Chokmah.

> Inhale loudly <

Yod

Your Kethric awareness is now centered in Chokmah. Fill your Chokmah with your Kethric awareness and then, with your combined Kethric and Chokmah awareness, gaze over at Binah and see the two bright white threads which span this distance.

When these images are clear to your perception, you are ready to speak the first Heh and follow both threads over to Binah and into both your own Greater Self, and that of the other person simultaneously. As you speak the Heh, begin your descent and, with your combined Kether-Chokmah awareness, follow the white threads into Binah.

> Inhale loudly <

Heh

Your Kether-Chokmah awareness is now centered in Binah. Fill both your Greater Self and that of the other person, with your Kether-Chokmah awareness. Take note of the

bright white thread that leads from the heart of your own Greater Self and the one that leads from the heart of the other person's Greater Self. Observe how each leads down into the temporal realm, highlighting your Individual Selves residing in Tiphareth.

When these images are clear to your perception, you are ready to speak the Vav and follow both threads down into your own Individual Self and that of the other person simultaneously. As you speak the Vav, begin your descent and, with your combined Kether-Chokmah-Binah awareness, follow the two white threads into Tiphareth.

> Inhale loudly <

Vav

Your Kether-Chokmah-Binah awareness is now centered in Tiphareth. Fill your own Individual Self and that of the other person with your Kether-Chokmah-Binah awareness. Take note of the bright white thread that leads from the heart of your own Individual Self and the one that leads from the heart of the other person's Individual Self. Observe how each leads down into the material realm, highlighting your mental presence and the other person's material presence, standing side by side in Malkuth.

When these images are clear to your perception, you are ready to speak the final Heh and follow the threads down into the material realm. As you speak the Heh, begin your descent and, with your combined Kether-Chokmah-Binah-Tiphareth awareness, follow the two white threads into Malkuth.

> Inhale loudly <

Heh

Your Kether-Chokmah-Binah-Tiphareth awareness is now centered in Malkuth. Fill your mental awareness and the material body of the other person with your Kether-Chokmah-Binah-Tiphareth awareness by becoming conscious of each of these levels of your awareness simultaneously. Sense your Kether, Chokmah, Binah, Tiphareth and Malkuth all at once, as a single, cohesive, multi-layered consciousness.

The Rainbow-Hued Light of Adonai spontaneously erupts and, with your united consciousness, you speak the Adonai in celebration and affirmation of this eruption of Light.

> Inhale loudly <

Adonai

The Rainbow-Hued cloud of Adonai Light now spins clockwise around you and the other person.

As you inhale in preparation to speak the Ribonno Shel Olam with your unified consciousness, draw this cloud of Adonai Light into the center of your mental presence and into the material body of the other person simultaneously. As you then speak the Ribonno Shel Olam, send the Light you have brought into *both* cores, outward to the edges of the infinite Universe as usual, and also send it inward to Tiphareth, Binah, Chokmah and Kether.

> Inhale loudly <

Ribonno Shel Olam

Follow the Light with your unified consciousness all the way out to the metaphorical edges of the universe and all the way in to Kether, brushing upon everything that exists in between. As you ascend inward, follow both threads simultaneously.

As you inhale in preparation to speak the Amen, draw this transfigured Adonai Light back to Malkuth and into the finite moment of time-space, again following both threads in your descent. And as you speak the Amen, see that the transfigured Adonai Light surrounds your mental presence and the other person's material body, spinning clockwise.

> Inhale loudly <

Amen

Focus your mind upon the Blessing of the Adonai Light that infuses both of you.

Now you must turn your attention away from this person and fix it back upon your own physical body. With an inhale, draw a portion of Adonai Light back to your physical body and follow along with your unified consciousness.

With your unified awareness, focus yourself within your physical body and once again, spread your unified awareness throughout the multiple layers of your consciousness simultaneously. See the cloud of Rainbow-Hued Light that surrounds you, say a brief prayer of thanks for this blessing.

> Pause <

And utter a final Amen.

> Inhale loudly <

Amen

Release your visualizations and return firmly to your mundane awareness. Open your eyes if they were closed and move your body around.

> Pause <

This ends the practice of conferring the Blessing of IHVH-ADNI and concludes the final Lesson Nine in The Magic of IHVH-ADNI.

My best to you!

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Amen, Amen, Amen.

Ani, IHVH, ADNI, Ribonno Shel Olam, Amen.

Blessed Be, Amen.